

# WHOLE OF HEALTH PROGRAM

## Capability Development #3

Thursday 10 May 2018

*The WOHP will be hosting its 3rd Capability Development Day.*

*We are lucky to have Professor Brian Dolan talking today about putting the patient at the centre of what we do. Brian is a visiting Professor of Nursing at the Oxford Institute for Nursing, Midwifery and Allied Health Research and Honorary Professor of Leadership in Healthcare at Salford University, Manchester.*

*Valuing a patients' time and getting patients up and dressed is important in making sure that patients do not spend any longer than necessary in hospital. Treating patients as a person rather than a patient can make patients feel more human, empowered, dignified and independent.*

*Brian has created a social movement called #EndPJparalysis which is about getting patients up, dressed and moving while in hospital to reduce the risk of deconditioning and other related risks. By May 2018, it had gained >70 million impressions on Twitter.*

Outcomes of day:

- ✓ Introduce participants to the principles and tools to value patient time as the most important currency in healthcare i.e. the TODAY program.
- ✓ Learn how to maximise time, minimise wasted time and prioritise patients' time.
- ✓ Understand what you can influence, gain support and take ownership
- ✓ Understand what 'good' looks like. Learn to assess care and activity and identify potential problems.  
How do you know you are using best practice?
- ✓ Learn how to engage others in meaningful change.

Understand yourself and the impact you can have on influencing others to make change.

**Venue:** UTS Ariel Function Centre,  
235 Jones Street,  
Level 7, Building 10,  
Ultimo NSW 2007. [UTS Ariel Function Centre](#)

| TIME                 | PRESENTATION                         | OBJECTIVE   |
|----------------------|--------------------------------------|---|
| 8.45 - 9.00          | Registration                         | Signing in<br>Tea/Coffee  |
| 9.00 – 9.30          | Whole of Health Lead General Meeting | Monthly meeting   |
| 9.30 - 9.45          | Welcome and Introduction             | <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Overview of workshop content</li> <li>• Ground rules for working together</li> </ul>                                    |
| 9.45 - 10.45         | Time                                 | <ul style="list-style-type: none"> <li>• Why time is the key currency in healthcare</li> <li>• Your last 1000 days</li> </ul>   |
| <b>10:45 – 11:00</b> | <b>MORNING TEA</b>                   |   |
| 11:00-12:00          | Ownership                            | <ul style="list-style-type: none"> <li>• Taking responsibility for things you can influence</li> <li>• #EndPJparalysis</li> <li>• Understanding your 'why' (Simon Sinek model)</li> </ul> |
| 1200-1245            | Diagnostics                          | <ul style="list-style-type: none"> <li>• Understanding what 'good' looks like</li> <li>• Identifying potential problems</li> <li>• Red2Green Days and making it SAFER</li> </ul>          |
| <b>12.45 – 13.00</b> | <b>LUNCH</b>                         |   |
| 1300-1400            | Actions                              | <ul style="list-style-type: none"> <li>• Understand the four core personality types and communicating with differing personality types</li> <li>• Take action on patient time</li> </ul>  |
| 1400-1445            | You                                  | <ul style="list-style-type: none"> <li>• Knowing your impact</li> <li>• Why do you do what you do</li> <li>• Impact made easy</li> </ul>  |
| <b>14:45 – 15:00</b> | <b>AFTERNOON TEA</b>                 |   |
| 1500-1530            | Action Planning                      | <ul style="list-style-type: none"> <li>• From theory to practice</li> </ul>   |
| 1530-1540            | Implementation & Success             | <ul style="list-style-type: none"> <li>• Sandra McKendry, CNE, VIP CO-Lead WOHP</li> </ul>  |
| 1540-1600            | Feedback and close                   |   |

# Event information

## VENUE:

Aerial UTS Function Centre

Level 7 - Conference Rooms Thomas, Broadway, Jones & Harris Rooms

235 Jones St (Building 10) Ultimo (5 minute walk from Central Station, exit from tunnel to George Street)

<http://aerialutsfunctioncentre.com.au/location/>

## GETTING TO THE VENUE:

### FLYING IN:

Take the Airport Train Service and alight at Central Station, the venue is a 5 minute walk away.

### PARKING:

Parking in the building is operated by InterPark and the maximum cost per day is \$25. Alternatively Broadway shopping centre and the car park at the Entertainment Centre darling harbour are both within a 10 minute walk to the venue.

## ACCOMMODATION:

The WOHP team will only be booking Flights and accommodation for the MasterClass presenters.

## MAP:

